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YWCA Parent Awareness Presentation: The Power of Play — Building Healthy Brains, Thursday, Jan 16

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A presentation for parents on “The Power of Play: Building Healthy Brains” will be presented by Dr. Carol Weitzman, a professor at the Yale School of Medicine, on Thursday, Jan. 16 at 5:30 p.m. in Norwalk.

— *an announcement from the YWCA of Darien/Norwalk*

This talk will present information about early brain development and the critical role that early relationships play. Weitzman will also briefly focus on potential threats to early childhood development.

Parents will learn the importance of responsive parenting and we will brainstorm ways to enhance intentional, child-focused parent-child interactions.

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Weitzman's talk will be at at Stepping Stones Museum for Children in Norwalk. Free childcare will be available for children 18 months or older.

Her talk, part of the “Ask A Professional” series, is sponsored by a partnership between the YWCA Darien/Norwalk and the Stepping Stones Museum for Children.

YWCA Darien/Norwalk Parent Awareness, which has been at the YWCA for 20 years now, “is a series of programs and partnerships to educate parents in the community about various topics,” said Judy Phillips, President & CEO. “Our goal is to help families raise healthy children.”

If you are interested in attending, please contact Cristina Matos at 203 899 0606, ext. 209 to register. Registration is strongly suggested prior to the event. If interested in childcare, you must mention at time of registration.