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News for Darien

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You Can Still Register for Abilis Walk/Run in Greenwich This Sunday, Oct 17

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It's time for the annual Walk/Run for Abilis event! For the 16th annual year, Walk/run for Abilis will take place on Sunday, Oct. 17 at <u>Greenwich Point Park</u>.

— an announcement from Abilis

Participants can walk or run in-person or participant virtually from anywhere in the world. Participants are encouraged to register in advance at <u>abilis.us/walkrun</u>.

The annual Walk/Run for Abilis is an annual celebration for the Abilis community. Each fall, Abilis' community members, families and friends gather for Walk/Run for Abilis, and the event is Abilis' largest annual fundraiser and signature "friend-raising" special of the year.

Many who take part in Walk/Run for Abilis do so because they are inspired by a friend or family member with special needs.

"We need Walk/Run for Abilis this year more than any other year," said Amy Montimurro, CEO and president of Abilis. "After being apart these last 18 months, having the opportunity to safely come together for Walk/Run for Abilis is so energizing!

Walk/Run for Abilis provides an opportunity for family, friends, and Abilis program participants to come together for a fun morning of physical fitness, the beauty of being outdoors at Greenwich Point Park (or anywhere!), and raise critical funds for new Abilis initiatives that support the special needs community."

If You're Going ...

WHEN: Sunday, Oct. 17, 2021

7:30 a.m. - Registration Opens (or register in advance at abilis.us/walkrun)

9 a.m. - 5K Run

10 a.m. - Fun warm-up with Billy Blanks Jr.

11 a.m. - Walk begins

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12 noon. - Event ends

WHERE: Greenwich Point Park Tod's Driftway - Clambake Area Old Greenwich, CT 06870

This year's Walk/Run for Abilis Ambassador is Andre DeNunzio.

Andre, 22, is part of the Norwalk LEAP transition program for young adults and is currently in the employee training program at Coffee for Good.

He grew up in Norwalk and will be moving into one of the new Abilis residences in Darien when it opens this fall.

With Walk/Run for Abilis back in person this year, Abilis recognizes there may be some who want to participate virtually — so all participants are encouraged to wear their Walk/Run for Abilis t-shirts and team outfits and costumes and document their Walk/Run photos and videos by posting on social media using the hashtag #WalkRunForAbilis.

As with all recent events, COVID precautions will be in place and face coverings are required for all attendees over the age of two in order to keep our Abilis community, family and friends safe. For more details, visit abilis.us/walkrun.

About Abilis

Abilis is celebrating its 70th year in 2021 of being a 501(c)3 nonprofit organization that supports more than 800 individuals with special needs and their families from birth throughout their lives.

Abilis serves the special needs community in Fairfield County, Connecticut, in towns **including Darien**, Greenwich, New Canaan, Norwalk, Ridgefield, Stamford, Westport, Weston and Wilton.

For more information, visit Abilis on Instagram.

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