

## Teens Have Two Options on Classes on Better Babysitting — But Register SOON

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Teenagers interested in becoming better and safer at babysitting can take somewhat different classes in April either in Darien or Stamford.

**Register SOON:** Anyone who wants the Stamford option should act fast — there were only four seats left as of Saturday, March 31. The two-session Darien class is also filling up, with seven seats left as of Saturday.

Stamford Emergency Medical Services has a single class. It takes place from 9 a.m. to 3 p.m. on Wednesday, April 11, during school vacation. The Stamford class costs \$75 and is designed specifically for younger teens in Grades 6 through 8.

At Darien Library, the classes take place on Wednesday April 25 and on the following Saturday, April 28. They're open to any kids from ages 12 to 18 and they're for free.

### **Darien Classes**

From the [Darien Library website](#):

"Do you want to be the best babysitter in the biz? Join us for a two part babysitting class! In the first session learn about the economics of babysitting, practice your storytime skills, and create your own bag of tricks to bring with you on your missions. The second session is an AED/CPR certification class led by Post 53."

The first session takes place from 5 to 6 p.m. on Wednesday, April 25.

The second, much longer session takes place the following Saturday, April 28, from 10 a.m. to 2 p.m.

- [\*\*\*REGISTER HERE for the Darien class.\*\*\*](#)

### **Stamford Class**

Looking for something for your young teen to do during Spring Recess? On April 11, Stamford EMS is offering children in grades 6 to 8 an opportunity to learn how to be safe and effective babysitters.

The Safe Sitter course teaches students the skills needed to care for themselves and younger children. The next class will be held on Wednesday, April 11 from 9 a.m. to 3 p.m. at Stamford Emergency Medical Services, Inc., 684 Long Ridge Road in Stamford.

Taught by a Stamford EMS CPR instructor, this engaging and informative course is filled with fun games and role playing exercises.

The Safe Sitter curriculum covers the following areas: safety skills, child care skills, first aid & rescue skills, and life & business skills. Safe Sitter courses are instructor-led and interactive, with hands-on demonstrations and skills practice using soft-bodied dolls and medical manikins.

Participants should bring a sack lunch, and will receive a training manual as well as a course completion certificate.

The course fee is \$75 and pre-registration is required. You can [register online here](#), but hurry, space is limited and registration closes on April 7.

“We want our students to have the safety skills they need to do their job confidently. Students will learn safety skills, first aid, rescue and child care skills,” said Jessica Anderson, Stamford EMS lieutenant and academy training coordinator.

- [\*\*\*REGISTER HERE for the Stamford class.\*\*\*](#)

Limited slots are available. For more information, call (203) 252-2193.

***About Stamford EMS***

## ***Darienite***

### ***News for Darien***

***<http://darienite.com>***

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Stamford Emergency Medical Services, Inc. is a private, nonprofit organization, and Connecticut's *only* CAAS accredited EMS agency. Responding to over 14,000 calls each year, the organization provides paramedic transport services for the city of Stamford, and provides contracted paramedic response to the town of Darien.

Since it accepted responsibility for Stamford's ambulance services in 1992, Stamford Emergency Medical Services has remained clearly focused in its mission to provide high quality, compassionate emergency care and education to the communities it serves. To learn more, or to make a donation, visit [www.stamfordems.org](http://www.stamfordems.org) or call [\(203\) 968-1118](tel:(203)968-1118).