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Robert Fischer, 80, Arms Control Official, Loved Sailing, Classical Music and His Siamese Cats

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Date : November 7, 2022

Robert Lucas Fischer, 80, of McLean, Virginia and Nantucket passed away from complications of Parkinson's disease on Sept. 26, 2022.

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The oldest of three sons, Lucas was born in Terre Haute, Indiana on Aug. 8, 1942 to Hans and Mary Kay (Brinkman) Fischer and subsequently raised in Darien. He attended MIT earning B.S. degrees in political science and government as well as aeronautics and astronautics. While working as a graduate research assistant he completed his doctoral exams for political science and government.

With a move to Washington, D.C. in the late 60s, Lucas embarked on a long and successful career at the U.S. Department of State, Bureau of Arms Control.

He participated in numerous arms control negotiations for various administrations and was well respected for his skills in policy analysis and diplomacy. He retired in October 2005 as the principal deputy Assistant secretary for strategic affairs.

Lucas was the proud owner of the Truant, a wooden sailboat that he enjoyed plying up and down the Chesapeake Bay. He was known for his prodigious intelligence on all things great and small, a mordant wit, a love of classical music and his Siamese cats.

In retirement, Lucas and Anne were able to spend more time at their beloved house on Nantucket, where Lucas was never without a book in his hand and an incisive comment on the world at large. He will be deeply missed by family and friends.

He is survived by his wife of 57 years, Anne Mangan Fischer; his brothers, John B. (Jana) and Carl D. (Maggie); his sisters-in-law Susan Richardson (Ken), Elizabeth Mangan (Bob Holbrook); and his nieces and nephews.

Donations may be made in Lucas's memory to the [World Wildlife Fund](#). A private family memorial service will take place at a later date.

— an obituary from [Murphy Funeral Homes](#) as published by the Washington Post [on Legacy.com](#), where online condolences may be left