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## **Psychiatrist Delivers Talk March 21 on Ketamine and Related Drugs for Mental Health Treatment**

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Dr. Steve Levine, board-certified psychiatrist and founder of Actify Neurotherapies, will give a free talk titled The Future of Mental Health Treatment? Ketamine and Ketamine-like Medications.

— *an announcement from* [NAMI Southwest CT](#)

Traditional medications for depression, anxiety and pain disorders often take a long time to work and cause negative side effects. Dr. Levine will discuss a protocol for the use of ketamine infusions for “tough to treat” mood disorders.

He’ll explain what ketamine is, how it’s administered, and its benefits. The event will take place at 7:30 p.m. on Thursday, March 21, 2019 at Greenwich Town Hall, 101 Field Point Rd., Greenwich, Conn.

Hosted by the Southwest CT affiliate of the National Alliance on Mental Illness (NAMI), the event is free of charge and open to the public. Call 203-400-NAMI (6264) for more information.

**About Steve Levine**

Dr. Levine, a board-certified psychiatrist, founded Actify Neurotherapies as Ketamine Treatment Centers in 2011. Though he is a psychiatrist who places great emphasis on the importance of psychotherapy, medication is often a necessary component of treatment, and he was dissatisfied with the relatively ineffective available options with burdensome side effects.

Dr. Levine pioneered a protocol for the clinical use of ketamine infusions, has directly supervised many thousands of infusions and has helped establish similar programs across the country and around the world.

He graduated with honors/Phi Beta Kappa from Johns Hopkins University, received an academic scholarship to Tulane University School of Medicine, and then completed internship and residency in psychiatry at New York - Presbyterian Hospital - Weill Cornell.

In addition, Dr. Levine completed fellowship sub-specialty training in psychosomatic medicine/psycho-oncology at Memorial Sloan Kettering Cancer Center/New York Presbyterian Hospital.

**About NAMI**

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots, nonprofit organization aimed at improving quality of life for people living with mental health conditions and their families.

[NAMI Southwest CT](#), the local affiliate of NAMI, serves lower Fairfield County.