

Police: DUI Charge for Woman, 41, Found in Middle of Post Road, Asleep Behind Wheel, Foot on Brake at 2:57 PM

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In the middle of the Post Road near its intersection with Sedgwick Avenue, Darien police found a 41-year-old woman asleep at the wheel of her vehicle, which was running — with her foot on the brake, police said.

Police gave this further account of the incident, which occurred on Sunday, March 19, including accusations not proven in court:

Officers placed their vehicles at the front and rear of the woman's vehicle and were able to unlock the driver's side door and wake up the woman, Shelley Sifuentes of Cynthia Lane in Middletown. (The Connecticut Judicial Branch website gives her first name as "Sherlly.")

At Police Headquarters, Sifuentes refused to take a breathalyzer test. She was later released after paying 10% of a \$500 bond. She is due to appear in state Superior Court in Stamford on March 31.

When asked if she had been drinking anything that day, she replied that she "drank enough." Police said they smelled the odor of an alcoholic beverage coming from her mouth. She took field sobriety tests but didn't perform them adequately and was then arrested on a charge of driving while under the influence.

According to the Judicial Branch website, she is charged with committing her second DUI offense. On Oct. 21, 2017, she was charged with driving while under the influence by police in Manchester. On Feb. 5, 2018, she was convicted, paid a \$500 fine and was given a suspended six-month sentence and 18 months of probation.

SEE ALSO — a similar DUI arrest: [Police: DUI for Man, 40, Found on Post Road, Asleep Behind the Wheel With Car in Reverse Gear](#) (Feb. 24)