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Parenting Workshop on Talking to Children About Sexuality

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Do you feel flustered or tongue-tied when the subject of sexuality comes up with your children? Are you uncertain about what words to use and what message to send?

On Jan. 29, educator Deborah Roffman will be sharing her advice for having these important but anxiety-provoking conversations in her talk at The Children's School, "Right from the Start: Sexuality Education in Early Childhood."

— *an announcement from* [The Children's School](#)

Roffman approaches the subject of sexuality with positivity and offers encouragement and guidance for parents on becoming their child's most trusted resource about sex.

To ease parents' anxiety, she will focus on the five core issues to address: affirmation, information, clarity about values, setting limits and anticipatory guidance. Roffman's goal is to help parents stay ahead of the media tsunami to come, with its misleading messages and "adultification" of children.

This frank workshop will give you the tools needed to tackle the subject of sex with your children.

Deborah Roffman is the author of *Sex and Sensibility* and *Talk to Me First* and was named one of TIME magazine's "Top 16 Parenting Educators for the 20th Century."

If You're Going ...

- This parenting lecture is open to the public.
- It starts at 7 p.m., Wednesday, Jan. 29
- [The Children's School](#) is at 118 Scofieldtown Road, Stamford
- Please RSVP to 203.329.8815.

[The Children's School](#) is an independent primary school serving children ages 3 to 8. For 55 years, its mission has been to take children's innate potential seriously across the developmental spectrum of intellectual, social and emotional growth while teaching the values of respect and care for oneself, for others and for the world beyond its campus.