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'Parenting in the Digital Age' — School District Offers Workshop in November

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The Darien school district is providing parents with workshops next month about children's use of social media. Each workshop is for a different children's age group, takes place at the district headquarters at 35 Leroy Ave. and starts at 10 a.m. on a weekday.

Schools Superintendent Alan Addley announced the workshops in a message to parents on Friday. Here's what he said about the workshops:

"We share in the challenge of navigating the increasing role that social media and technology play in the lives of students and ourselves. At times these challenges are quite literal, like those you may have heard about from Tik Tok, or more universal, like finding a healthy balance of appropriate screen time usage.

"Our schools will continue to embed rich technology learning experiences for students as well as dedicate

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time to appropriate use of technology along the way. Additionally, we invite parents to join in partnership with the district as we develop our own skills in navigating the complex technology landscape.

"The district is pleased to offer developmentally designed workshops in November and we invite you to join us for a series of Parenting in the Digital Age presentations.

Please reach out to Dr. Joan McGettigan, Director of Instructional Technology (jmcgettigan@darienps.org), with any questions and lookout for the Parent Tech 101 newsletter next week!