

'Norwalk Islands History, Secrets, Stories, Navigation' Subject of Talk Wednesday Morning

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Tagged as : [Long Island Sound](#), [Norwalk Islands](#)[Rick Delfosse](#)

Date : October 29, 2017



Rick Delfosse, Coast Guard captain and certified boating instructor, will talk about “The formation of the Norwalk Islands: Their history, secrets, stories and navigation” at the Darien Men’s Association (DMA) on Wednesday, Nov. 1.

“The Ice Age, the creation of Long Island Sound by the retreating glaciers, the Indians and the early settlers shaped the Norwalk Islands,” said Rick. “So did the oystermen, hotels, bordellos and Prohibition speakeasies.

“Today, the 25 Norwalk islands include public lands, private sanctuaries and posh retreats,” he said.

Rick owns a 43-foot sailboat and a smaller powerboat used to introduce people to boating and the islands.

He also is a business manager at Rex Marine & Norwalk Cove Marina.

— *an announcement from the* [Darien Men's Association](#)

Rick’s talk will start at 10:45 a.m. DMA meetings are held at the Darien Community Association, 274

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Middlesex Road, Darien.

Guest passes are available at the membership desk just outside the meeting room. DMA welcomes men age 50 or older.