

'LiveGirlTalk,' a Confidence- and Leadership Skills-Building Program for Girls, Starts Oct 1 at the Depot

Author : David Gurliacci

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LiveGirlTalk, a 10-week facilitated discussion group for girls, will be offered at the Depot for 10 weeks from the beginning of October through mid-December.

The curriculum-based program, with a professional mentor, creates a brave space for girls to share concerns and interests and builds social emotional intelligence and self-esteem.

— *an announcement from the Depot*

This 10-week free program will be offered at The Depot beginning Monday, Oct. 1 to Dec. 14 from 4:15 to 5:30 pm.

The overall goal of LiveGirlTalk is to build social emotional intelligence and self-esteem. In other words, the goal is to help girls truly love and believe in themselves and equip them with the leadership skills necessary to have a positive impact on the world.

This will be accomplished by providing a high dosage of positivity and inspiration over ten weeks, while facilitating the participants' self-discovery of their inner LiveGirl, so that upon completion of the program they are prepared to LIVE our leadership values.

The concession will be open.

[You can register here.](#)