

## Learn more about Dementia and Become a 'Dementia Friend' Monday, April 8

**Author :** David Gurliacci

**Categories :** [Community Organizations](#), [Healthy Living](#), [Seniors](#)

**Tagged as :** [At Home In Darien 2019](#), [Darien Senior Activities Center Events 2019](#)[Dementia Friends](#)

**Date :** March 30, 2019



You are invited to attend a free hour-long session to become a Dementia Friend — someone who has taken the time to learn more about dementia and helps in small ways.

Small gestures such as spreading the word about Dementia Friends or visiting someone living with the illness can help make our community Dementia Friendly.

— *an announcement from [At Home In Darien](#)*

The upcoming session (second of two in Darien) takes place at 12:30 p.m., Monday, April 8 at the Mather Center home of Darien Senior Programs, 2 Renshaw Road.

Gina Blum, At Home In Darien executive director, and Anne McGuire, RN, CCM, current board member and owner of Healthcare Pathfinder LLC, are Dementia Friends Champions.

Dementia Friends is a global movement that is changing the way people think, act, and talk about dementia.

Developed by the Alzheimer's Society in the United Kingdom, the Dementia Friends movement is now spreading through Connecticut.

By helping everyone in our community understand what dementia is and how it affects people, each of us can make a difference for people touched by dementia.

***Darienite***

***News for Darien***

***<https://darienite.com>***

---

*See also:* [The Dementia Friends USA website](#)

Help make Darien a Dementia Friendly town by reserving your spot today! Please RSVP by calling At Home In Darien at 203.655.2226 Monday-Friday 9 a.m. to 4 p.m. or emailing them at [Info@AtHomeInDarien.org](mailto:Info@AtHomeInDarien.org).

Additional sessions can also be arranged for small groups. Please contact At Home In Darien for more information.

At Home In Darien is a non-profit 501 (c) 3 organization whose mission is to help older adults in Darien to live independently, comfortably and with dignity in their own homes for as long as possible.

For more information, or to volunteer, please call 203.655.2227 or visit the [At Home In Darien website](#).