

Latest Restaurant Health Inspection Ratings: 8 'Good,' 2 'Fair,' 1 'Poor'

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Out of 12 inspections of food-serving establishments in Darien, eight received a "Good" under Darien's rating system, two more were deemed "Fair" and one was "Poor."

The health inspections took place from April 1 to 7. (For details, see the bottom of this article.)

How Darien's restaurants are rated

Restaurants in town are rated under the Darien Health Department's own Good/Fair/Poor ratings system. Health inspectors also use the state health code regulations to score restaurants, with a perfect score set at 100, and demerits (of 1 to 4 points each) for various code violations.

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The Darien system takes into account problems that are ongoing or that have been fixed, so a restaurant

scoring higher than others on the state scale may actually get a lower score on the Darien scale, or vice versa.

You can find the past several inspection ratings under the Darien ratings system for food-serving establishments [on this website](#), and now you can also find copies of inspection reports, including state health code scores in the same place.

Any establishment actually deemed unsafe can be closed by the town Health Department until violations are fixed. Town Health Director David Knauf says that has never happened in the time he's been with the department.

The most recent inspection results

In the list of health inspection results, below, information is listed by name, address, date of inspection, Darien rating, state score, inspector's comments that led to the state rating and additional remarks on the inspection report. Dates link to the food establishment's inspection report referenced here (when available, sometimes it takes a while to get posted online), and Darien ratings link to a Web page showing the restaurant's recent inspection ratings.

See also:

- [Our previous article](#) showing restaurant inspection ratings (April 4)
- [You Can Now Read Full Health Inspection Reports on Darien Restaurants Online](#)

For restaurants and other food-serving establishments rated "poor," and for some others of interest to the public (like schools) additional information is given. When we provide that here, then information within brackets (" []") has been added for clarity by Darienite.com; semicolons like this (";") separate individual comments, each one with a particular violation that triggers a point deduction from that perfect state score of 100 points.

Here's an alphabetical list of the most recently released results of Darien health inspections (keep in mind that a food-serving establishment with a history of "Good" ratings may occasionally "Fair" or "Poor" inspection rating, occasionally the best do, and every restaurant normally gets a few things wrong):

- Aux Delices — Goodwives Shopping Center, 25 Old Kings Hwy. N. — [April 4](#) — [GOOD](#) — 98
- Cheeseboy — Darien **North** rest stop, Interstate 95 — April 4 — [GOOD](#) — 95
- Cheeseboy — Darien **South** rest stop, Interstate 95 — April 4 — [GOOD](#) — 96
- Dunkin Donuts — Darien South rest stop, Interstate 95 — April 4 — [GOOD](#) — 91
- **Embody Fitness Gourmet — Darien YMCA, 2420 Post Road** — [April 1](#) — [POOR](#) — **93** —

Inspector's remarks: "Front display cold-holding case at 55 degrees (PHFs [[potentially hazardous foods](#)] ranging from 54 to 56 degrees) thermometer in case reading 55 degrees; do not store unclean utensils in wall storage rack; no test strips available for quat [[quaternary ammonium compound](#) — a cleaning solution]." Additional inspector's comments: "Employee must wash hands after working at three-bay sink and putting on gloves to help customer — do not use from display case until serviced/fixed." (see next inspection report, below)

- Embody Fitness Gourmet — Darien YMCA, 2420 Post Road — [April 7](#) — [GOOD](#) — 98 — Inspector's remarks: "Do not store items in hand sink (water jug)." Inspector's additional comments: "Front display case not fixed — reading 50 degrees, not holding any hazardous foods during inspection! Please post rating sheet after every inspection."
- Fjord Fish Market — 1015 Post Road — [April 7](#) — [GOOD](#) — 97
- Mather Center - Darien Senior Program — [April 4](#) — [GOOD](#) — 98 — Inspector's remarks: "Replace yellow cutting board and chipping spatulas." Inspector's additional comments: "Good job!"
- Palmer's Market — 264 Heights Road — [April 5](#) — [FAIR](#) — 84
- Taco Bell — Darien North rest stop, Interstate 95 — April 4 — [GOOD](#) — 98
- Vavala's Deli — 156 Heights Road — [April 8](#) — [FAIR](#) — 93