

*Darienite*

*News for Darien*

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## **JoyRide Spin Classes This Weekend to Benefit Disabled STAR Inc. Clients**

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**Tagged as :** [JoyRide 2020](#), [Spin Class 2020](#), [STAR Inc. 2020](#), [Star Lighting the Way 2020](#)

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JoyRide is generously teaming up with STAR Inc., Lighting the Way to offer weekend spin classes to raise money benefiting local individuals with intellectual and developmental disabilities.

— *an announcement from* [STAR Inc.](#) *and* [JoyRide](#)

All donations will be matched 100% by an anonymous donor. If you have never tried spinning — here is your fun, inclusive opportunity in a no judgment zone!

The event is open to the public. Cost is \$50 per rider payable to STAR Inc. at the door. **Riders must register in advance on [the JoyRide website](#).** Space is limited.

JoyRide Darien and JoyRide Westport will both offer 50-minute outdoor spin classes in support of STAR.

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JoyRide Westport will host a class on Saturday, Sept. 26 from 12 to 1 p.m. and JoyRide Darien on Sunday, Sept. 27 from 12 to 1 p.m.

“We are thrilled to partner with STAR and look forward to a fun outdoor ride while raising money for our local neighbors with disabilities,” JoyRide CEO Becky Cerroni said. “Our studios in Darien and Westport are excited to continue their community engagement with STAR and are looking forward to leading fun, inclusive rides.”

CDC guidelines ensure rider safety (social distancing, masks when not cycling, and sanitizing procedures).

“This is a wonderful opportunity to connect with our friends at JoyRide and create a fun, safe way to be active and do good for our community,” said Katie Banzhaf, STAR executive director. “We are grateful to Becky and her team for this fundraising opportunity.”

#### **About STAR Inc.**

STAR Inc., Lighting the Way is a not-for-profit organization established in 1952 to serve individuals of all ages impacted by intellectual and developmental disabilities (IDD) in Fairfield County, as well as providing support services to their families. STAR creates opportunities for individuals to live full lives with independence, freedom of choice and personal growth by providing support, services and advocacy.

STAR informs and encourages the community to recognize and appreciate the value of all individuals. STAR is the only affiliated chapter of The Arc in Fairfield County.

The Arc is an advocacy and informational agency benefitting people with intellectual disabilities on state and national levels. STAR is currently hiring. For more information about careers at STAR Inc., Lighting the Way, please visit .