

Darienite

News for Darien

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Joyride Spin Class on Nov 10 Supports Junior League of Stamford-Norwalk

Author : David Gurliacci

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Date : October 23, 2019

Join Junior League of Stamford-Norwalk (JLSN) for a spin-class at JoyRide Darien! Proceeds from the ride will benefit JLSN's women's empowerment initiatives.

Bring some cash with you and stick around after the class for refreshments and shopping — Sweaty Betty will be setting up a pop-up and offering discounts on all purchases!

- Tickets can be purchased for \$40 at the [event signup Web page](#). See attached image for more information.
- The ride takes place from 12:30 to 2 p.m., Sunday, Nov. 10.
- JoyRide Darien is located around the side of the Goodwives Shopping Center (to the left as you're looking from Old Kings Highway North).