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## 'History and Health Benefits of Tea' Presentation at DCA Women's Luncheon, Oct 1

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**Categories :** [Darien Community Association](#), [Talks-Panel Discussions-Presentations-Workshops](#)

**Tagged as :** [Bigelow Tea 2019Tea](#)

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The Darien Community Association (DCA) Women's Luncheons start their season featuring "The History and Health Benefits of Tea" presented by Bigelow Tea, a family-owned business for 75 years and three generations, for their luncheon on Tuesday, October 1 at 12:15pm at the DCA.

Tea is the second most popularly consumed beverage worldwide behind water. It has a long and storied history tied to each culture, society and time period that it touched.



Tea continues to be enjoyed today and is not only tasty but also a positive addition to a balanced diet. Join Bigelow Tea, a local family company operating for the past 75 years, for a discussion of the history of this amazing plant as we travel through the most important milestones in tea history.

We will also be touching on what makes tea so unique, how it is produced, where it grows and just what health studies are being done around it. There will be take-home samples for all.

### *If You're Going ...*

- This event is \$40 per person, or \$25 for DCA members, and includes a lunch which will be provided by Michael Joseph's Catering.
- Prepayment for this event is **required by noon on Monday, Sept. 30**, and can be made online

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at [the Darien DCA website](#), or by contacting the DCA at 203-655-9050 ext. 10.

- The DCA is located at 274 Middlesex Road in Darien.