

Heather Pech, Marathoner, Coach, Former CEO of Polo Jeans and 9 West, Speaks Wednesday to Darien Men's Association

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Heather Pech, winning marathon runner, successful retail fashion executive and a native Darien resident, will talk about her life on the run at the Wednesday, April 4 meeting of the Darien Men's Association.

Heather Pech will speak of her experiences running marathons, particularly the 2017 Boston Marathon, where she won her 55-59 age bracket. Her time was better than 698 other runners in her category.

Today, she clocks 80-90 hours a week. Her goal is to run a marathon in under three hours.

She also will discuss the increased performance by American runners in international competitions and the responsibilities and satisfaction of coaching a group of Darien middle school boys and girls in Grades 4 through 9 who want to run — they call themselves The Blazers.

— [an announcement](#) from the [Darien Men's Association](#)

After graduation from the University of Minnesota and the Wood Tobe Coburn School, she entered the fashion retail field. Initially, she was with Ralph Lauren and Calvin Klein. She then joined Jones Apparel Group, culminating in serving as CEO of its Polo Jeans Company and then 9 West.

She finished her business career as CEO of Nanette Lepore, a \$120 million contemporary fashion designer with multiple locations here and in the U.K.

Heather, born and raised in Darien, still lives in town with her husband, Colin. They have three adult daughters.

Her talk starts at 10:45 a.m. and is open to the public. Guest passes are available at the membership desk just outside the meeting room.

DMA meetings are held at the Darien Community Association, 274 Middlesex Road, Darien.