

Your Family Can Learn How to Be Prepared for Emergencies with These Darien Library Workshops

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September is National Preparedness Month. Darien Library has several programs to help you and your family prepare for different emergencies: medical, financial, digital, and natural. Be sure to check the [website](#) for some amazing preparedness drop-in programs.

The first workshop, for kids in Grades 3 to 5, is on Monday, Sept. 11 at 4 p.m.

[First Aid and Beyond](#)

Monday, Sept. 11 at 4 p.m.

Learn how to respond to emergencies and basic first aid with Post 53. Practice how to use first aid tools, like wrapping bandages!

For kids in Grades 3-5.

[Open Program: Build an Emergency Preparedness Kit](#)

Wednesday, Sept. 13 at 4 p.m.

Can't attend one of these registered programs? Join us for building an emergency preparedness kit! Families will be provided with some items to start your own kit, and then given directions of how to complete the kit with more personal household items. *Open to Families.*

[Be Prepared: Financial Preparedness](#)

Thursday, Sept. 14, 7 to 9 p.m.

Community Room

Are you being smart with your money? Marissa DiBenigno, financial counselor from Westchester Community College and the Council for Economic Education, will be discussing financial literacy for families and their tweens and teens. She will be providing information and strategies for college saving and financial disaster preparedness.

For families with tweens and teens in 6th grade and above.

[Cooking Without Power](#)

Wednesday, Sept. 20 at 4 p.m.

What do you eat and cook when the power goes out? Learn what food you may need in case the power goes out and you can't use the refrigerator or stove. Then make a meal using these foods, without any power!

For kids in Kindergarten through Grade 2.

[Digital Disasters](#)

Tuesday, Sept. 26 at 7 p.m.

The digital world can be a scary place. Learn different strategies to protect yourself and your children online. Learn about scams and the signs to look out for. Discuss laws related to children and the internet. Take away common sense approaches to using the internet for tweens and teens.

For families with tweens and teens in Grades 6 and up.