

Darien Rotary's 'Spring Into Wellness' Fair Benefits Carver Foundation Scholarships to NCC

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Categories : [Charity Events and Opportunities](#), [Community Organizations](#), [Healthy Living](#)

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Date : March 9, 2019



To welcome in Spring 2019, Darien Rotary Club will host a *Spring Into Wellness!* Fair on Thursday, March 21 from 11 a.m. to 2 p.m. to welcome in Spring 2019 and benefit a good cause.

The event raises money for the [Carver Foundation of Norwalk](#). Proceeds will go toward scholarships that enable Carver high school graduates in need to attend Norwalk Community College, helping them continue their education and improve their employment opportunities.

— *an announcement from the Darien Rotary*

The event takes place at Darien Office Suites, 30 Old Kings Highway South, 1st Floor Event Room, in Darien.

Visitors can learn how to improve their health and wellness by sampling products and services from local organizations such as:

- * LYMBR - Personalized stretching
- * Andrew Stephanou Salon and Spa - Chair massages
- * Darien EMS-Post 53 - Blood pressure checks

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- * Darien Health Department - Health information

- * OsteoStrong - Spinal health therapy

- * Phyllis Weihs-Yavner, LPC - Mental health wellness counseling

- * Kristina Hess - Nutrition counseling

- * Vasayo - Nutritional supplements

- * Diana Lea - Young Living essential oils

- * Green & Tonic - Cold pressed organic juices

Admission, which includes vendor samples and information, is \$20 at the door (cash or check) or [pre-pay online, here](#).

There will also be a raffle for products and services donated by community businesses with a drawing at 2 p.m. Tickets are available for purchase at the event.

For more information, contact Mark Nowotarski, Darien Rotary president, at mark.nowotarski@gmail.com or 203.975.7678.

About Rotary

The Rotary Club of Darien CT is a chapter of [Rotary International](#), a global network of 1.2 million members committed to taking action that solves real problems and creates lasting change in local communities and around the world.

Rotary's 35,000+ clubs work together to promote peace; fight disease; provide clean water, sanitation, and hygiene; save mothers and children; support education; and grow local economies.

About The Carver Foundation

[The Carver Foundation of Norwalk](#) provides after-school and summer programs in a positive, safe and fun environment for over 1,400 K-12 students at the Carver Community Center as well as 13 schools in Norwalk and one in Bridgeport.

Since 2005, 100 percent of Carver seniors have graduated from high school on time, and almost all become first-generation college students.