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## **Complimentary Dinner and Talk on Sleep Health for Parents of Premature Babies, Jan 29**

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**Tagged as :** [John Ciannella](#), [PremiesTiny Miracles Foundation 2019](#)

**Date :** January 14, 2019

In an effort to provide valuable resources and practical help for parents with premature babies, The Tiny Miracles Foundation (TTMF) has announced their *After the NICU Education Series* for 2019 with their first program, “Sleep Health and Transitions” with Dr. John Ciannella, a neonatologist at Stamford Hospital.

— *an announcement from* [The Tiny Miracles Foundation](#)

His presentation takes place from 6 to 7:30 p.m., Tuesday, Jan. 29 at the Wilton Congregational Church, Pilgrim Hall, 70 Ridgefield Road in Wilton. The program and dinner is free, but RSVPs are required.

Dr. Ciannella is associate director of the Division of Neonatology in the Department of Pediatrics at Stamford Hospital.

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He is responsible for bringing physicians assistants and neonatal nurse practitioners into the NICU ([Neonatal Intensive Care Unit](#)) as well as overseeing the care and development of newborns, including immediate treatment of any medical emergencies should they arise during delivery.

Carrie Cromwell-Hunt knows Dr. Ciannella and TTMF well. As a mom of twin premature babies (the children are now 6 years of age) who received helpful services from TTMF, Cromwell-Hunt also was honored to have Dr. Ciannella as her neonatal doctor. She says,

“I couldn't praise Dr. Ciannella more — he saved our precious twins, Mason & Eloise,” she says. “He cared for them as if they were his own. I encourage parents to attend this special program and to not be afraid to ask questions — Sleep Health and Transitions is vital to the health of not only the baby, but the parents as well!”

Cromwell-Hunt now pays it forward by being a mentor for parents of premies in the NICU at Stamford Hospital.

“The Tiny Miracles Foundation is pleased to offer this program — it is a natural complement to the full continuum of services, programs, and assistance the organization provides to the most vulnerable members of the community,” said George Colabella, executive director of the foundation

TTMF provides an array of direct services to families in Connecticut's Fairfield County and beyond.

Whether it's bedside mentoring by trained volunteers who have travelled the same NICU journey; emotional support by TTMF's Director of Family Services; the Tiny Treasures program (which includes bonding dolls and blankets to cover isolettes for help in the baby's development); or the Financial Assistance Program (FAP) that provides everything from gas cards and parking passes so that parents can visit their babies in the NICU, breast pumps so moms can provide their fragile babies with “liquid gold,” baby necessities like car seats and strollers, to prominent help with utility, rent and mortgage payments; the Foundation provides for families in need with the unexpected birth of their fragile preemie.

To attend complimentary After the NICU: Sleep Health and Transitions with Featured Speaker, Dr. John Ciannella, [SIMPLY RSVP HERE](#) or call 203-202-9714.

The Tiny Miracles Foundation (TTMF) is a nonprofit charity based in Fairfield County, Connecticut dedicated to helping families with premature babies through compassionate care and support.

Their services and programs are provided in the neonatal units of Stamford, Norwalk, Bridgeport, and Danbury Hospitals and at St. Vincent's Medical Center, their newest partnership.

The Tiny Miracles Foundation is a non-profit organization that reaches over 1,200 preemie families in Fairfield County, and beyond.