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Attention, Writers: You Can Enter Rowayton Arts Center's 'Food for Thought' Writing Contest

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The Rowayton Arts Center is running a food-themed writing contest as part of a celebration of all things culinary. Winners will be awarded prizes, and their work will be shared during the upcoming exhibition *At the Table*.

— *an announcement from* [Rowayton Arts Center](#)

The meals we consume – alone or with others, at home or far afield – do much more than just satisfy our appetites. They also provide a portal to some of our most deeply-felt personal experiences: memory, family, sense of place, culture.

Like Proust's madeleine, the flavors, aromas, and preparations of certain foods have a unique power to bring

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these associations to immediate and vivid life.

Is there a particular dish or ingredient, cooking tradition or dining ritual, that unlocks these doors for you? RAC would love to read about it.

This writing contest is open to all ages. The judge, Sarah Gold, is an award-winning food and culture journalist and former Connecticut dining critic for *The New York Times*.

Submission requirements: stories, essays, and poems of up to 1,000 words must be received by July 1 for consideration. Email writing@rowaytonarts.org or drop off at the gallery at the address below.

RAC celebrates the study, creation and appreciation of the arts through classes, exhibitions and events open to all in the community. For almost 60 years, RAC has been a cultural gem in the Norwalk community.

The gallery and art school overlook the scenic Five Mile River in Rowayton, CT at 145 Rowayton Avenue with space for regional artists to exhibit their art and a classroom for workshops and classes at all levels offered to children and adults. Visit rowaytonarts.org and follow @rowaytonarts.