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'Are You Ready to Take the First Step?' Lecture by Christian Science Teacher on Turning to God

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Enrique Smeke, a Christian Science teacher, will give a talk titled “Are Your Ready to Take the First Step,” on Saturday, April 27 at Norwalk Community College.

— *an announcement from the First Church of Christ Scientist in Darien*

His lecture focusses on how to turn to God and choose the best approach to handling every challenge that confronts us in our daily experience.

How can we take that first step towards a more harmonious relationship with friends or relatives? And what is that connection with God that enables us to enjoy better, more stable health? Where can we turn when faced with a financial crisis or lack of employment?

It may seem difficult to break through resentment, self-doubt, self-pity, or fear; sometimes we may feel stuck in a problem and can't see how to advance forward, but God's loving guidance is always at hand. In this talk you will hear how to take that first step towards a solution.

When we find ourselves in difficult situations, God is there to support and guide us. And as we look to Him for help, we witness how God unfolds the path to resolution.

If You're Going ...

- The talk, jointly sponsored by the Christian Science churches of Darien and Westport, will first be presented in English at 2 p.m., followed by the same talk in Spanish at 3:30 p.m.
- The lectures take place in the GenRe Forum at the East Campus of NCC, 188 Richards Ave.

Smeke will illustrate how the Bible and the Christian Science textbook, *Science and Health with Key to the Scriptures*, by Mary Baker Eddy, can show us the way out of any difficulty.

Highlights of his lecture include an explanation of how God keeps an open channel of communication with every one of us that we all can access to find inspiration, healing, and progress in our lives.

He will show us how to pray by reasoning with the heart and letting God have the last word, which will help each of us to discover that we all have been graced with a unique path in life which God unfolds as we advance spiritually.

About Enrique Smeke

Smeke was raised in Argentina, where his early studies included telecommunications, electrical engineering, and journalism. He eventually came to the United States, where he graduated from Principia College in 1983 with a degree in business administration.

Since then he has worked for the Christian Science Church in Boston in a variety of capacities, including the Spanish radio and print editions of the Christian Science Herald.

In 2007, he became a full-time Christian Science practitioner — someone devoted to assisting patients in healing any difficulty. In 2012, he earned a designation as a Christian Science Teacher.

He now lives in Newburyport, Massachusetts.

For more information about these talks, which are free and open to the public, please call the First Church of Christ, Scientist in either Darien (203-655-2772) or Westport (203-612-1010).