

## **Meet Angela Santomero, Author of Book on Kids' Screen Time, at Darien Library, 7 PM Tuesday**

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**Categories :** [Books & Authors](#), [Darien Library](#), [Parents & Kids](#)

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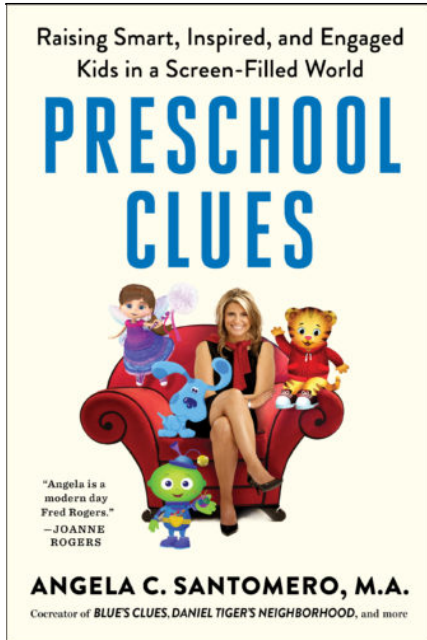
Angela Santomero, author of [Preschool Clues: Raising Smart, Inspired, and Engaged Kids in a Screen-Filled World](#), will speak from 7 to 8:30 p.m. Tuesday, April 3 at Darien Library.

We've all heard warnings about watching too much TV and compulsively looking at our phones. Looking at children we love, we wonder about screen-time and its effects on their development.

— [an announcement](#) *from Darien Library*

Some parents are consumed by guilt — but should they be? Like eating, media diets can be healthy or unhealthy. But unlike labeled groceries, most media content is not so easy to categorize as good-for-us whole foods or the equivalent of empty calories.

[About the Book](#)



Now, Angela Santomero — award-winning co-creator of *Blue's Clues* and creator of *Super Why!* and *Daniel Tiger's Neighborhood* — explains how to evaluate children's media content and utilize it to help children flourish academically, socially, and emotionally.

In her new book *Preschool Clues: Raising Smart, Inspired, and Engaged Kids in a Screen-Filled World*, she shares how healthy media empowers, challenges, and builds the self-worth of children, while making them laugh.

In *Preschool Clues*, Angela distills the latest research in child development and education, and translates her learning philosophy beyond her award-winning shows, straight into actionable advice for parents and educators.

*Books will be available for purchase courtesy of [Barrett Bookstore](#). Refreshments will be served.*

*Darien Library is proud to cosponsor this event with the [YWCA of Darien/Norwalk](#) and [The Community Fund of Darien](#).*

### **About the Author**

Called a “modern-day Fred Rogers” by his wife, Joanne, **Angela Santomero** creates high-quality programs that help young viewers develop the basic skills they will call upon for the rest of their lives.

She is the co-creator of *Blue's Clues* and creator of *Super Why!*, *Daniel Tiger's Neighborhood*, *Creative Galaxy*, and *Wishenpoof*. She holds a master's degree in Child Developmental Psychology, has won seven Parents' Choice Gold Awards, and her work has been cited in numerous publications including Malcolm Gladwell's bestseller, *The Tipping Point*.

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She lives in New York with her husband, Greg, daughters Hope and Ella, and dogs Oreo and Samoa.