

Darienite

News for Darien

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Have Some Family Fun at the STAR Walk, 5K Run & Roll in Westport on Sunday

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Categories : [Community Organizations](#), [Healthy Living](#), [Parents & Kids](#), [Recreation](#), [Weekend Events](#)

Tagged as : [STAR Lighting the WayStar Walk Run Roll 2017](#)

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The 12th Annual STAR Walk, 5K Run & Roll will be held at Sherwood Island State Park in Westport, CT on Sunday, May 7, 2017.

The “Walk” includes a Family Fun Day celebration and fundraiser to benefit individuals who have intellectual disabilities and programs offered by STAR, Inc., Lighting the Way.

Registration begins at 9 a.m. and the Walk kick-off is 10 a.m., with a 1K walking route suitable for any ability (walkers, strollers, wheelchairs and baby joggers are welcome) and an officially-timed 5K Run along the site’s shoreline and pathways.

Attendees can enjoy continental breakfast and grilled hot dogs for lunch as well as music, crafts, kids’ fun bus, face-painting, balloon sculpting, yard games, nature center exhibit, and children’s obstacle course.

About 800 walkers and volunteers are expected to attend including a traditional array of local celebrities and political leaders.

The event raises funds for STAR's programs serving infants, children and adults with developmental disabilities and their families in Southwestern Connecticut. STAR, a 501 (c)(3) not-for-profit organization based in Norwalk since 1952 serves families in Norwalk, Westport, Weston, Wilton, New Canaan and Darien.

Katie Banzhaf, Executive Director of STAR said, "This is our 12th year of the STAR Walk, 5K Run & Roll and we are so grateful for the families, sponsors and supporters who have been there from the beginning and continue to help us grow.

This gathering has become one of the favorite events all year for our participants and their families. We invite everyone to come out and enjoy this special family day that celebrates the potential of every person.”

To Register for the 5K Run or to participate in the Walk and Family Fun Day visit the [Star Inc. Lighting the Way website](#) to sign up online or call Mel Giuliani at STAR at 203-846-9581 ext. 304.

Early sponsors for the event include: Prospect Hill Foundation, Mickey and Candace Herbst, Danaher Family, Robert and Doree Levy, People’s United Bank, Peoples United Insurance Agency/ Kesten Brown Insurance, Fairfield County Bank, Connecticut Community Bank, Callari Auto Group.

Also: The Bosworth Family, Wusthof, Laura Blair, Honda of Westport, Santa Energy, Miggs B Design & Photography, Miguel Cruz Photography, Stop & Shop, PEPSI, The Village Market, Panera, New York Bakery, Trader Joe’s, Village Bagels, Country Convenience, Cain Management and Dunkin Donuts.

Also: Paul’s Prosperous Printing, Classic Graphics, HAN Network, STAR99, Westport Moms, Fairfield County IT, Bartlett Tree Experts, Diageo Cares, Eastern Land Management, The Network Support Company and F & G Construction.

The event would not take place without the efforts of hundreds of volunteers who help with this event from Norwalk Community College, Norwalk High School, Weston High School and People’s United Bank, as well as numerous individual volunteers.

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STAR, Inc., Lighting the Way is a not-for-profit organization serving individuals of all ages who have intellectual and developmental disabilities, as well as providing support services to their families.

STAR creates opportunities for individuals to live full lives with independence, freedom of choice and personal growth by providing support, services and advocacy while informing and encouraging the community to recognize and appreciate the value of all individuals.

For more information about STAR or to learn more about individual and corporate volunteer opportunities, visit [the Star website](#) or contact Peter Saverine, psaverine@starct.org.