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Author Em Sauter Talks at Darien Library Wednesday About Varieties of Beer

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Tagged as : [Beer](#), [Em Sauter](#)

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Em Sauter, author and illustrator, author of [Beer is for Everyone!](#), will speak Wednesday evening, Feb. 21 at Darien Library about the expanding varieties of beer.

It's a great time for America's beer drinkers. Craft beer is more popular than ever, and more breweries are cropping up every day. But you can't tell a pilsner from a bock? An IPA from a witbier? Confused by whiskey-like barrel aged beers and crisp, fruity saisons? Are you thirsty, but not sure where to start?

— *an announcement from Darien Library*

This illustrated book will take you through the main elements that make beer what it is, from malt to hops to water, and introduce you to fantastic brews around the country that highlight the diverse styles and ingredients of the beer world.

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From where to find it to what glass to put it in, you'll learn everything you need to know (and then some!). Time to get drinking, and remember – beer is for everyone (of drinking age)!

Books will be available for purchase courtesy of [Barrett Bookstore](#). Refreshments will be served. The event takes place from 7 to 8 p.m. on Wednesday, Feb. 21, at Darien Library.

About the Author

Em Sauter, a former Darien resident, is an Advanced Cicerone (think of it like a sommelier but for beer) and recipient of Saveur Magazine's best beer coverage award.

She was one of Wine Enthusiast Magazine's top 40 tastemakers under 40 in 2016 and has judged many beer competitions including the Great American Beer Festival.

In her spare time, she reviews beers on her website, "Pints and Panels." She really likes beer.